Role of Tumor Necrosis Factor Alpha in Gnotobiotic Mice Infected with an Escherichia coli O157:H7 Strain

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Gnotobiotic mice inoculated with an enterohemorrhagic Escherichia coli (EHEC) O157:H7 strain developed a flaccid paresis, usually culminating in death. The bacteria colonized feces at 10⁵ to 10⁹ CFU per g (inoculum size: 2.0 × 10⁸ CFU/mouse), and Shiga-like toxins (SLTs) were detected in the feces. A microscopic examination of colons showed mild inflammatory cell infiltration, thinning of the intestinal wall, or necrotic foci. Necrosis of tubular cells was noted in these symptomatic mice. Microhemorrhage, thrombosis, and edematous changes of the brain were also seen. Inflammatory cytokines, tumor necrosis factor alpha (TNF-α), interleukin 1α (IL-1α), and IL-6, were detected in the kidney after EHEC infection, but not in the serum. In the brain, only TNF-α was detected. When 2.0 × 10⁹ CFU of EHEC O157:H7 was fed to germ-free mice, the number of bacteria began to rise rapidly on day 1 and was maintained at 10⁸ to 10⁹ CFU/g of feces. SLTs were detected in the feces of the mice. However, the mice showed no histological changes and no cytokine responses, similar to what was found for controls. Treatment with TNF-α modified the clinical neural signs, histopathological changes, and cytokine responses; mice treated with TNF-α developed severe neurotoxic symptoms and had higher frequencies of systemic symptoms and glomerular pathology. Strong cytokine responses were seen in the kidney and brain. Serum cytokines were also detected in this group. In contrast, a TNF-α inhibitor (protease inhibitor) inhibited these responses, especially in the brain. However, local synthesis of the cytokines was observed in the kidney. Thus, TNF-α and the other proinflammatory cytokines could be important in modifying the disease caused by EHEC.

Enterohemorrhagic Escherichia coli (EHEC) strains are important causes of human hemorrhagic colitis, hemolytic uremic syndrome (HUS), and encephalopathy (7, 13). A common histopathological finding in patients is the destruction of endothelial cells lining small blood vessels in the colon, kidneys, and central nervous system (20). The virulence of EHEC has been linked to the production of Shiga-like toxins (SLTs) (12, 14, 16). The SLTs act as an inhibitor of protein synthesis, enzymatically modifying the translational machinery of the host cell (3). Recently, Fujii et al. suggested that SLT-II is toxic to both endothelial cells and neurons in the central nervous system (5, 6). However, the precise contribution of SLT-mediated inhibition of protein synthesis to the development of HUS and encephalopathy remains mysterious.

A variety of animal models have been used to study the symptoms and histopathologic changes associated with human EHEC infection. EHEC strains caused gastrointestinal, neurologic, or systemic symptoms and death in gnotobiotic piglets (4), rabbits (18), and mice (15, 26, 27). Acute tubular necrosis of the kidneys was found in inoculated animals, but glomerular pathology was not observed (26, 27). Recently, Karpman et al. observed that mice inoculated with SLT-II-positive strains developed severe neurotoxic symptoms and a higher frequency of systemic symptoms, glomerular mesangial hypertrophy, and mesangial deposition than did mice inoculated with SLT-II-negative strains (14). However, they did not observe the glomerular vascular lesions characteristic of HUS in humans.

It has been suggested that cooperation between SLT and tumor necrosis factor (TNF) may be important in producing the pathologic changes observed in HUS (2). TNF-α and SLT exhibited synergistic cytotoxic activity toward human endothelial cells (16). Harel et al. suggested that local synthesis of TNF within the kidney may contribute to renal injury induced by SLT (8).

The aim of this study was to assess the relative importance of TNF-α in EHEC infection by using germ-free mice. EHEC infection induced TNF synthesis within the kidney and brain. Treatment with TNF-α or its inhibitor modified the disease for experimental animals.

**MATERIALS AND METHODS**

**Bacterial strains.** EHEC O157:H7 strain EDL 931 (22), which produces both SLT-I and SLT-II, was used for our experiments. Nonpathogenic E. coli MV1184 was also used. The organisms were incubated in brain heart infusion (BHI) medium for 24 h at 37°C. After one passage (incubation for 6 h at 37°C), viable counts were determined by plating on agar media.

**Mice.** Germ-free ICR mice, bred from ICR mice, were obtained from Japan Clea Co. Ltd. (Tokyo, Japan). Female and male mice were used at 4 to 5 weeks of age. Specific-pathogen-free ICR mice (male, 4 weeks of age) were used as flora-positive controls.

**Infection protocol.** Each E. coli strain was prepared by washing the bacterial pellet twice in phosphate-buffered saline (PBS; pH 7.4). Bacterial suspensions (0.1 ml in PBS; EHEC EDL 931: 2.0 × 10⁹/ml or 2.0 × 10⁸/ml; E. coli MV1184: 2.4 × 10⁸/ml) were deposited intragastrically through a soft polyethylene catheter. Immediately after inoculation, the catheter was removed, and no further manipulations were performed. The controls received 0.1 ml of PBS.

**Mouse colonization experiments.** Mice were maintained in a level 3 environment. Food and drinking water for mice were autoclaved before use. After bacterial inoculation, fecal samples were collected from each mouse. They were suspended at a concentration of 100 mg/ml in BHI medium, homogenized, and...
plated on Chromagar O157 (chromogenic medium for the isolation and differentiation of EHEC O157; CHROMagar Microbiology, Paris, France) and BHI agar. In this investigation, colonizing ability was assessed by determining the level at which a strain persisted in mouse feces.

SLT antigen levels determination. SLT antigen levels were determined with an enzyme-linked immunosorbent assay (ELISA) kit (Novapath EHEC; Japan BioRad Laboratories, Tokyo, Japan). This immunosassay is for the detection of SLT-1 and -2 in stool specimens and cultures. An E. coli verotoxin detection kit for reversed passive latex agglutination (RPLA; Denka Seiken Co. Ltd., Tokyo, Japan) was also used.

TNF-α and protease inhibitor. To determine the role of TNF-α in the pathogenesis of EHEC O157:H7, a TNF-α-treated mouse group and a TNF-α-inhibited group were prepared. We used recombinant TNF-α (R & D Systems Europe Ltd., Abingdon, Oxon, England) for intraperitoneal injections (10 ng per mouse). The dose was determined in a study previously reported (9). The first injection of TNF-α was done 3 h before EHEC feeding. TNF-α was injected at 2, 4, and 6 days postinfection. Natamostat mesilate (NM; 6-amidino-2-naphthylp-guaninobenzoate dimethanesulfonate) was provided by Torii Pharmaceutical Co. Ltd. (Tokyo, Japan) and was used as a TNF-α inhibitor (0.02 mg/mouse; intraperitoneal injections 3 h before and every day after EHEC feeding). NM is a synthetic protease inhibitor that inhibits the various serine proteases during the coagulation cascade as well as during the inflammatory process (1). NM, at a concentration of 10-3 M, inhibited the production of TNF-α by lipopolysaccharide-stimulated monocytes in vitro (24).

Cytokine assay. Cytokine assays were done by a method previously described (10). TNF-α was measured with an ELISA kit (R & D Systems Europe Ltd., Abingdon, Oxon, England) for intraperitoneal injections (10 ng per mouse). The dose was determined in a study previously reported (9). The first injection of TNF-α was done 3 h before EHEC feeding. TNF-α was injected at 2, 4, and 6 days postinfection. Natamostat mesilate (NM; 6-amidino-2-naphthylp-guaninobenzoate dimethanesulfonate) was provided by Torii Pharmaceutical Co. Ltd. (Tokyo, Japan) and was used as a TNF-α inhibitor (0.02 mg/mouse; intraperitoneal injections 3 h before and every day after EHEC feeding). NM is a synthetic protease inhibitor that inhibits the various serine proteases during the coagulation cascade as well as during the inflammatory process (1). NM, at a concentration of 10-3 M, inhibited the production of TNF-α by lipopolysaccharide-stimulated monocytes in vitro (24).

Hematology. The hematology results showed significant alterations in mean platelet and leukocyte counts on day 1 after EHEC infection (P < 0.01). Platelet and leukocyte counts were (76.5 ± 24.1) × 104/mm³ and (53.0 ± 3.6) × 104/mm³, respectively, in the group subjected to EHEC infection, whereas they were (129.5 ± 26.4) × 104/mm³ and (22.5 ± 2.1) × 104/mm³, respectively, in the controls. TNF treatment was effective in increasing the leukocyte count ([85.5 ± 14.4] × 104/mm³; P < 0.01; significantly higher than controls). The majority of the other hematologic parameters were not significantly different for the three treatments.

Concerning the hematology of surviving asymptomatic mice, there were no significant alterations with only one exception: leukocyte count. The mean leukocyte count for mice subjected to EHEC infection and not treated with NM ([52.0 ± 2.8] × 104/mm³) was two times higher than that of controls; for mice infected with EHEC and treated with NM, the mean leukocyte count ([80.7 ± 28.3] × 104/mm³) was three times higher than that of controls.

**RESULTS**

Symptoms of disease in gnotobiotic mice inoculated with EHEC O157:H7. IQI mice fed the strain of EHEC (2.0 × 10⁹ CFU) became lethargic, occasionally exhibited hind-limb paralysis, stopped eating, retained urine, and died within 7 days of infection (Table 1). The lethality was 60%. In TNF-treated mice, severe neurologic symptoms developed within 4 to 7 days after inoculation; all of them showed convulsions and died. The clinical features of TNF-treated mice were similar to those observed in humans except for the absence of hemorrhagic diarrhea. NM treatment decreased lethality after EHEC infection. However, IQI mice treated with both TNF-α and NM showed neurologic symptoms and died. Retention of urine was associated with renal failure (renal tubular necrosis).

IQI mice inoculated intragastrically with 2.0 × 10⁷ CFU of either EHEC or control strain MV1184 did not develop gastrointestinal, neurologic, and systemic symptoms. ICN mice (specific-pathogen-free, flora-positive controls) also did not develop any symptoms. Control mice receiving 0.1 ml of PBS intragastrically did not develop any symptoms.

**TABLE 1. Virulence of EHEC O157:H7 for orally inoculated IQI and ICR mice and effect of TNF-α**

<table>
<thead>
<tr>
<th>Mouse type (treatment)</th>
<th>E. coli strain</th>
<th>Inoculum size (CFU/mouse)</th>
<th>No. of mice that died/total no. examined</th>
<th>No. of mice with indicated neurological sign/total no. examined</th>
<th>No. of mice showing retention of urine/total no. examined</th>
</tr>
</thead>
<tbody>
<tr>
<td>IQI</td>
<td>EDL931</td>
<td>2.0 × 10⁹</td>
<td>6/10</td>
<td>6/10</td>
<td>6/10</td>
</tr>
<tr>
<td>IQI (TNF-α)</td>
<td>EDL931</td>
<td>2.0 × 10⁹</td>
<td>6/6</td>
<td>0/6</td>
<td>0/10</td>
</tr>
<tr>
<td>IQI (NM)</td>
<td>EDL931</td>
<td>2.0 × 10⁹</td>
<td>2/6</td>
<td>0/6</td>
<td>0/6</td>
</tr>
<tr>
<td>IQI (TNF-α and NM)</td>
<td>EDL931</td>
<td>2.2 × 10⁹</td>
<td>5/6</td>
<td>0/6</td>
<td>0/5</td>
</tr>
<tr>
<td>IQI</td>
<td>MV1184</td>
<td>2.4 × 10⁹</td>
<td>0/6</td>
<td>0/6</td>
<td>0/6</td>
</tr>
<tr>
<td>ICR</td>
<td>EDL931</td>
<td>2.0 × 10⁹</td>
<td>0/6</td>
<td>0/6</td>
<td>0/6</td>
</tr>
</tbody>
</table>

Controls

<table>
<thead>
<tr>
<th></th>
<th>No. of mice that died/total no. examined</th>
<th>No. of mice with indicated neurological sign/total no. examined</th>
<th>No. of mice showing retention of urine/total no. examined</th>
</tr>
</thead>
<tbody>
<tr>
<td>IQI</td>
<td>0/6</td>
<td>0/6</td>
<td>0/6</td>
</tr>
<tr>
<td>IQI (TNF-α)</td>
<td>0/3</td>
<td>0/3</td>
<td>0/3</td>
</tr>
<tr>
<td>IQI (NM)</td>
<td>0/3</td>
<td>0/3</td>
<td>0/3</td>
</tr>
<tr>
<td>IQI (NM and TNF-α)</td>
<td>0/5</td>
<td>0/5</td>
<td>0/5</td>
</tr>
</tbody>
</table>

* Controls received 0.1 ml of PBS.
Several neural cells looked globular, and a strong degenerative change was observed in these mice. Sometimes, endothelial-like cell proliferation was observed in the brains of mice in this group (Fig. 1B). The pathological changes were mild in symptomatic mice subjected to EHEC infection only. Edemas of the brain were seen in these mice. It seemed that NM treatment was effective in inhibiting neural pathological changes after EHEC infection.

The kidneys of symptomatic mice with EHEC infection were pale and swollen. Histopathologic changes in the kidney sections from TNF-treated mice included focal proliferation of glomerular mesangial cells and increased deposition of mesangial matrix. The changes of the kidney in these experiments were similar to those described by Karpman et al. (14). Slight proliferations of glomerular mesangial cells were seen in mice before the appearance of clinical signs (day 1 after infection). The proliferation of glomerular mesangial cells, hemorrhages, and microthrombosis in the TNF-treated mice was observed on day 7 after infection (Fig. 1C). Focal proliferation of glomerular mesangial cells was mild in symptomatic mice subjected to EHEC infection only. In NM-treated mice, glomerular pathology was not observed. Necrosis of tubular cells was noted in all symptomatic mice.

Histopathologic changes were not observed in the colon, kidney, and brain tissue from asymptomatic mice inoculated with the strain or from controls (PBS-treated mice and *E. coli* MV1184-inoculated mice).

**In vivo colonization.** When $2.0 \times 10^9$ CFU of EHEC strain EDL 931 was fed individually to germ-free mice, the bacterium colonized the feces of the groups equally well ($10^9$ to $10^{10}$ CFU/g of feces) for the experimental period (Fig. 2). There were no significant differences in colonization among the three groups: EHEC infection only, EHEC infection plus TNF treatment, and EHEC infection plus NM treatment (data not shown). In contrast, the bacteria dropped to undetectable numbers ($<10^2$ CFU/g of feces) by 3 days postinoculation in flora-positive ICR mice. When $2.0 \times 10^5$ CFU of strain EDL 931 was fed to germ-free IQI mice, the number of CFU of the strain in feces began to rise rapidly on day 1 until a stable level of colonization ($10^6$ to $10^9$ CFU/g of feces) was maintained. Intestinal colonization was examined by SEM. EHEC O157:H7 was randomly seen in the feces at various sites. No aggregation of EHEC was observed.

Positive cultures were obtained from the stomach, small intestines, and large intestines of infected mice. Blood cultures were negative for both symptomatic and asymptomatic mice.
Cultures from the kidney and brain were also negative for these mice.

**SLT level in the feces.** SLT was detected in the feces but not in the serum. As shown in Fig. 3, SLT was detected by ELISA at levels of more than 10 ng/g of feces, because optical densities were 0.409 and 0.947 for standard SLT-I (1,000 pg/ml) and SLT-II (1,000 pg/ml), respectively. SLT levels in feces of mice inoculated with $10^9$ CFU of EHEC were similar to those in the feces of TNF-treated mice at 5 to 7 days after inoculation with $10^9$ CFU of EHEC. The levels of TNF-α and IL-6 were 179 ± 53 and 240 ± 90 pg/ml, respectively. They were significantly higher than those for negative controls. In the EHEC-only group, the EHEC plus NM group, and the EHEC plus TNF-α plus NM group, no proinflammatory cytokines were detectable in the serum at days 1 and 7 after inoculation of EHEC.

Table 3 shows cytokine levels of the kidneys on days 1 and 7 after infection. A TNF-α response, but not IL-1α and IL-6 responses, was seen at 1 day after EHEC infection. At 7 days after infection, TNF-α, IL-1α, and IL-6 were detected in the kidneys of mice with systemic clinical signs. In the EHEC plus TNF-α group, proinflammatory cytokines were clearly detected in the kidneys at 1 and 7 days after infection. In the EHEC plus NM group, cytokine induction was different than it was in the other two groups. The EHEC plus TNF-α plus NM group showed lower cytokine levels than the EHEC plus TNF-α group, although mice in this group had severe clinical signs.

As shown in Table 4, brain cytokines were detected in IQI mice with or without TNF-α after EHEC infection but not in NM-treated mice. In the EHEC-only group, only TNF-α was detectable in the brain. Levels of TNF-α, IL-1α, and IL-6 in the EHEC plus TNF-α group were significantly higher than those in other groups at 1 day after EHEC infection ($P < 0.01$). TNF-α and IL-6 were detected in the brains of mice in the EHEC plus TNF-α group at 7 days after EHEC infection.

No cytokines were detected in the serum, kidneys, and brains of MV1184 controls and flora-positive controls. IQI mice inoculated with $2.0 \times 10^2$ CFU of EHEC also showed no cytokine responses, similar to the controls.

**DISCUSSION**

TNF-α treatment causes severe damage to the target organs in the EHEC mouse model. In contrast, a protease inhibitor had an inhibitory effect on pathological symptoms in the model. Therefore, the inhibition of TNF processing could act as an effective therapeutic agent in vivo but did not eliminate EHEC and the organ failure associated with EHEC infection (direct action of SLTs). The combination of an SLT-specific inhibitor with a TNF inhibitor will be required to prevent HUS and severe neurologic symptoms.

**TABLE 2. SLT levels in the feces of experimental mice after inoculation with EHEC O157:H7**

<table>
<thead>
<tr>
<th>Mouse type</th>
<th>E. coli strain</th>
<th>Inoculum size</th>
<th>Treatment</th>
<th>ELISA&lt;sup&gt;a&lt;/sup&gt;</th>
<th>RPLA&lt;sup&gt;b&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>SLT-I</td>
<td>SLT-II</td>
</tr>
<tr>
<td>IQI</td>
<td>EDL 931</td>
<td>$2.0 \times 10^9$</td>
<td>—</td>
<td>1.299 ± 0.162</td>
<td>448 ± 78</td>
</tr>
<tr>
<td>IQI</td>
<td>EDL 931</td>
<td>$2.0 \times 10^9$</td>
<td>TNF-α</td>
<td>1.072 ± 0.143</td>
<td>512 ± 64</td>
</tr>
<tr>
<td>IQI</td>
<td>EDL 931</td>
<td>$2.0 \times 10^9$</td>
<td>NM</td>
<td>0.730 ± 0.143</td>
<td>576 ± 64</td>
</tr>
<tr>
<td>IQI</td>
<td>EDL 931</td>
<td>$2.0 \times 10^9$</td>
<td>—</td>
<td>0.891 ± 0.110</td>
<td>448 ± 78</td>
</tr>
<tr>
<td>ICR</td>
<td>EDL 931</td>
<td>$2.0 \times 10^9$</td>
<td>—</td>
<td>0.042 ± 0.006</td>
<td>&lt;20</td>
</tr>
<tr>
<td>IQI</td>
<td>MV1184</td>
<td>$2.0 \times 10^9$</td>
<td>—</td>
<td>0.054 ± 0.001</td>
<td>&lt;20</td>
</tr>
<tr>
<td>IQI</td>
<td>MV1184</td>
<td>$2.4 \times 10^9$</td>
<td>—</td>
<td>0.020 ± 0.001</td>
<td>&lt;20</td>
</tr>
</tbody>
</table>

<sup>a</sup> Optical densities of 10-fold-diluted samples ± standard deviations.
<sup>b</sup> Final dilutions ± standard deviations.
<sup>c</sup> —, no treatment.
It has been reported that TNF treatment of human vascular endothelial cells leads to enhanced biosynthesis of the SLT receptor, thereby sensitizing cells to the cytotoxic action of SLT (25). Several hours’ exposure to TNF-α was enough to enhance the number of SLT receptors (10- to 100-fold) on the endothelial cells (25). NM treatment was not effective in decreasing the severity of pathological changes in the target organs and lethality for IQI mice treated with TNF-α. NM could inhibit the synthesis of TNF-α but could not inhibit the action of inoculated TNF-α.

Purified SLTs induced expression of proinflammatory cytokines from peritoneal macrophages (23). Harel et al. showed that SLT acts to induce TNF synthesis within the kidney and at the same time increases renal sensitivity to the toxic effects of TNF (8). We agree that local synthesis of TNF within the kidney may contribute to renal injury. These observations would suggest an interaction between SLT and cells capable of responding to the toxins by synthesizing TNF-α.

When EHEC was inoculated into gnotobiotic mice, no circulatory TNF could be detected by ELISA of serum samples. In contrast, TNF production occurred within specific tissues such as the kidney and brain. In the mice treated with TNF, strong cytokine responses were recognized in the kidney before and after symptoms.

Cytokine levels in the brains of TNF-treated mice were significantly higher than those in the brains of mice of other groups at day 1. At 7 days after EHEC infection, all of the groups showed local TNF responses. Brain lesions were severe in TNF-treated mice but mild in mice not treated with TNF. It has been suggested that the state of cell differentiation or activation (including the cell type) is important in determining the cellular response to SLT (19). In the response to inflammatory stimuli, the presence of microbial products such as SLT and host factors resulted in further proinflammatory cytokine synthesis and tissue injury in the central nervous systems.

The results of this study suggest the following pathogenesis. The bacteria are established in the alimentary tract. The destruction of the mucous layer and/or focal necrosis of the gut wall may allow bacterial components to cross the damaged intestinal wall and reach the bloodstream. Whether EHEC O157:H7 strains can invade through an intact intestinal mucosal barrier has been discussed (17). However, we could not observe bacteremia in our mouse model. Actually, positive blood cultures are rarely found for patients with HUS. Furthermore, IQI mice with intact mucous layers were healthy after inoculation with 2.0 × 10^2 CFU of EHEC. Thus, bacteremia did not appear to be essential for the development of HUS and neurologic symptoms, and the destruction of the mucous layer could be important for the entry of SLTs and bacterial components.

Symptoms and pathology in the target organs may be caused by the spread of bacterial components. SLT is most important because pathological events similar to those in experimental animals inoculated with EHEC can occur in animals to which the toxin is administered (5, 15, 21). We found the highest frequency of symptoms in TNF-treated mice infected with EHEC. This group of mice also developed the most severe combination of renal and neural symptoms, as in human cases, suggesting that SLT and TNF have an additive or synergistic effect. Presumably, in HUS and encephalopathy, TNF levels...
are elevated in response to circulating SLT and/or endotoxin. TNF produced in response to toxins may then act to upregulate toxin receptor levels in target (vascular endothelial) cells.

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