Mycobacterium tuberculosis Catalase and Peroxidase Activities and Resistance to Oxidative Killing in Human Monocytes In Vitro

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Mycobacterium tuberculosis has a relatively high resistance to killing by hydrogen peroxide and organic peroxides. Resistance may be mediated by mycobacterial catalase-peroxidase (KatG) and possibly by alkyl hydroperoxide reductase (AhpC). To determine the interrelationship between sensitivity to $H_2O_2$, catalase and peroxidase activities, and bacillary growth rates measured both intracellularly in human monocytes and in culture medium, we examined one laboratory strain, two clinical isolates, and three recombinant strains of M. tuberculosis with differing levels of KatG and AhpC. Five of the mycobacterial strains had intracellular doubling times of 27 to 32 h, while one KatG-deficient clinical isolate (ATCC 35825) doubled in ~76 h. Killing of mycobacteria by exogenously added $H_2O_2$ was more pronounced for intracellular bacilli than for those bacilli derived from disrupted monocytes. Strains with no detectable KatG expression or catalase activity were relatively sensitive to killing (43 to 67% killing) by exogenous $H_2O_2$. However, once even minimal catalase activity was present, mycobacterial catalase activity over a 10-fold range (0.56 to 6.2 U/mg) was associated with survival of 85% of the bacilli. Peroxidase activity levels correlated significantly with resistance of the mycobacterial strains to $H_2O_2$-mediated killing. An endogenous oxidative burst induction by 4$\mu$g-phorbol 12$\beta$-myristate 13$\alpha$-acetate treatment of infected monocytes reduced the viability of the KatG null strain (H37Rv Inh$^b$) but not the KatG-overexpressing strain [H37Rv(pMH59)]. These results suggest that mycobacterial resistance to oxidative metabolites (including $H_2O_2$ and other peroxides) may be an important mechanism of bacillary survival within the host phagocyte.

Mycobacterium tuberculosis is a facultative intracellular bacterium which has evolved sophisticated mechanisms to allow it to survive inside host mononuclear phagocytes. Once phagocytosed, the organism resides in a vacuole which does not fully mature along the endocytic pathway (6, 32, 34, 37, 40). Within the vacuole, the organism must protect itself against intracellular bactericidal mechanisms, including the production of reactive oxygen intermediates (ROI) and reactive nitrogen intermediates which diffuse freely through the cell (9, 11, 32).

M. tuberculosis has been shown to have a high resistance to killing by up to millimolar concentrations of $H_2O_2$ (15, 26). This resistance is believed to be mediated by the sole mycobacterial catalase-peroxidase protein (KatG) and the alkyl hydroperoxide reductase protein (AhpC), encoded by the genes katG and ahpC, respectively (13). Isoniazid, a widely used frontline antimycobacterial agent, requires activation by KatG before exerting a lethal effect (1, 41). Isoniazid resistance in a majority of clinical isolates results from point mutations in katG (2). Isoniazid-resistant mutants selected in vitro frequently lose KatG entirely. The availability of KatG mutant organisms has facilitated investigations of the role of catalase-peroxidase in the virulence of M. tuberculosis. These studies have produced conflicting results. Some investigators have observed no correlation between loss of KatG activity and virulence of M. tuberculosis in mice and guinea pigs (12, 16, 31) and no correlation between KatG levels and susceptibility to killing by hydrogen peroxide (15). However, others have found a strong apparent correlation between KatG status and M. tuberculosis virulence (26, 29). More recently, the loss of catalase and peroxidase activities in Mycobacterium bovis has been shown to correlate with the lack of virulence of M. bovis in guinea pigs (39). Reintroduction of a functional katG into this strain restored both isoniazid sensitivity and virulence in the host animal.

Isoniazid-resistant mutant strains of M. tuberculosis which have no detectable KatG activity acquire a compensatory mutation resulting in an upregulation of expression of AhpC (36). It has been suggested that this protein confers protection against $H_2O_2$-mediated damage even in the absence of adequate catalase and peroxidase activities, thus promoting survival of the organism in the environment of the phagocyte oxidative burst (36).

To gain a better understanding of the role of the mycobacterial catalase-peroxidase and alkyl hydroperoxide reductase enzyme activities in resistance to host cell ROI defensive mechanisms, we utilized a series of clinical isolates and recombinant mutant strains of M. tuberculosis with varying levels of expression of KatG and AhpC. We measured M. tuberculosis resistance to killing by $H_2O_2$ and studied the interrelationship between this resistance, the levels of expression of KatG and AhpC, and survival within human monocytes in vitro.

MATERIALS AND METHODS

Bacterial strains. The strains of M. tuberculosis used in this study, and their patterns of KatG gene expression, are summarized in Table 1. The strains used...
TABLE 1. M. tuberculosis strains

<table>
<thead>
<tr>
<th>Protein expression</th>
<th>M. tuberculosis strains</th>
</tr>
</thead>
<tbody>
<tr>
<td>KatG</td>
<td>Recombinant strains</td>
</tr>
<tr>
<td>H37Rv</td>
<td></td>
</tr>
<tr>
<td>+</td>
<td></td>
</tr>
<tr>
<td>-</td>
<td></td>
</tr>
<tr>
<td>AhpC</td>
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<tr>
<td>+</td>
<td></td>
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</table>

**Clinical isolates**

<table>
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<tbody>
<tr>
<td>CDC 1551</td>
<td>+</td>
</tr>
<tr>
<td>ATCC 35825 (Inh')</td>
<td>+/−</td>
</tr>
<tr>
<td>H37Rv(pM95)</td>
<td>++ +</td>
</tr>
<tr>
<td>H37Rv(pM91)</td>
<td>++ +</td>
</tr>
</tbody>
</table>

**Recombinant strains**

<table>
<thead>
<tr>
<th>Strain</th>
<th>Protein expression</th>
</tr>
</thead>
<tbody>
<tr>
<td>H37Rv Inh'</td>
<td>−</td>
</tr>
<tr>
<td>H37Rv(pM95)</td>
<td>+++ +</td>
</tr>
<tr>
<td>H37Rv(pM91)</td>
<td>+++ +</td>
</tr>
</tbody>
</table>

**Reference laboratory strain**

<table>
<thead>
<tr>
<th>Strain</th>
<th>Protein expression</th>
</tr>
</thead>
<tbody>
<tr>
<td>H37Rv</td>
<td>+</td>
</tr>
</tbody>
</table>

**Notes:**

*+/−*, detectable by Western blotting but not by Coomassie blue staining of the gel; +, detectable by Coomassie blue staining; +++, overexpressed as Coomassie blue staining.

**ND**, not determined.

**Results**

**Intracellular and extracellular killing assays.** To determine intracellular killing by exogenously added H$_2$O$_2$, 4-day-infected monocytes in R20 were treated for 6 h with 10 mM H$_2$O$_2$. The cells were then disrupted by sonication for 20 s at a low-output power setting, and the culture was processed for the CFU assay as described above. For determination of extracellular killing by exogenous H$_2$O$_2$, the cell monolayers were disrupted before the addition of H$_2$O$_2$. H$_2$O$_2$ was then added for 6 h, and the cultures were processed for the CFU assay as described above. Results for the killing assays represent the mean ± standard error of the mean (SEM) of three to six independent experiments.

**Intracellular killing by PMA-induced endogenous H$_2$O$_2$ production.** Fresh human monocytes in R20 were infected on day 0 with recombinant strain H37Rv(pM95) or H37Rv Inh' at a multiplicity of infection of one viable bacillus per cell. To facilitate the adhesion of the bacteria to the cells, the infected monocytes were centrifuged for 10 min at 360 × g at room temperature and then incubated for 1 h at 37°C to allow phagocytosis. Infected monocytes were then treated with PMA at a final concentration of 100 ng/ml for either 2 or 6 h. To determine direct toxicity of PMA, bacterial suspensions at the same density in culture medium alone (no monocytes) were incubated in the presence and absence of PMA. After preparation of single-cell suspensions by sonication as sonifications, the CFU were quantified.

**Detection of catalase and peroxidase enzymatic activities.** A 200-μl culture of each strain was grown in Middlebrook 7H9 medium to a final optical density (OD) at 650 nm of 0.2 to 0.3. Bacterial cells were collected by centrifugation at 5,000 × g for 25 min at 4°C, and the pellet was resuspended in 50 mM triethylamine (pH 7.8) containing 0.1 mM phenylmethylsulfonyl fluoride to a final OD (at 650 nm) of 25. The suspension (1.5 ml) was lysed by adding 0.5 g of 0.1-mm-diameter glass beads and homogenizing with a BioSpec (Bartlesville, Okla.) Mini Bead-Beater for 40 s bursts with cooling on ice for at least 1 min between homogenizations. The glass beads and cell wall pellet were removed by centrifugation at 10,000 × g for 30 min at 4°C, and the supernatants were transferred to fresh tubes. Catalase assays were performed as described previously (3). Briefly, 100 μl of the bacillary extract was added to 3 ml of 5 mM H$_2$O$_2$ in 50 mM potassium phosphate (pH 7.0). The decrease in absorbance at 240 nm was monitored for 10 min, and the linear part of the curve was used to quantitate the rate of decrease by using an extinction coefficient of H$_2$O$_2$ at 240 nm of 0.0435 OD/mM·cm. Peroxidase activity was determined as previously described (17). Briefly, 100 μl of the bacillary extract was added to 50 mM potassium phosphate (pH 7.0) containing 0.1 mM 3,3’-diaminobenzidine and 23 mM t-butylhydroperoxide; absorbance at 460 nm was monitored, and rate calculations were performed with an extinction coefficient of 11.3 OD/mM·cm. Protein concentrations were determined by the method of Lowry et al. (24). Specific activities were calculated by dividing the observed rate of decrease by the protein concentration in the crude extracts.

**REFERENCES**

**Intracellular and extracellular mycobacterial growth rates.** We examined the growth rates, both intracellularly in monocytes and extracellularly in the bacterial liquid growth medium (Middlebrook 7H9), for each strain. For the three recombinant strains, the doubling time (30 to 31 h) within monocytes was close to the doubling time of the laboratory strain H37Rv (32 h) (Table 2). The clinical isolate CDC 1551 grew slightly faster than the reference strain both within monocytes (27 h) and in Middlebrook 7H9 medium (16 h). In contrast, the clinical isolate ATCC 35825 showed a dramatically lower replication rate within monocytes (17 h) and a significantly lower extracellular growth rate in Middlebrook 7H9 medium (28 h) (Table 2). Thus, with the exception of ATCC 35825, all the strains studied had similar growth rates. Therefore, by using similar inocula for infection of the monocytes with five different mycobacterial strains, we achieved similar numbers of intracellular bacilli throughout the experiments. This enabled us to compare the effects of both exogenously added H$_2$O$_2$ and endogenous H$_2$O$_2$-induced killing on similar numbers of bacilli.
Materials and Methods. Sensitivity of 

Sensitivity of 

TABLE 2. Growth rate of \textit{M. tuberculosis} strains (in vitro) 

\begin{tabular}{|l|c|c|}
\hline
Mycobacterial strain & Generation time (h) & \\
& Intracellular in monocytes\textsuperscript{a} & Extracellular in Middlebrook 7H9 medium\textsuperscript{b} \\
\hline
Reference laboratory strain & & \\
\textit{H}37\textit{Rv} & 32 ± 2.6 & 20 \\
\hline
Clinical isolates & & \\
CD\textsuperscript{C} \textsc{1551} & 27 ± 3.5 & 16 \\
AT\textsc{CC} \textsc{35825} (\textit{Inh})\textsuperscript{c} & 76 ± 1.2 & 28 \\
\hline
Recombinant strains & & \\
\textit{H}37\textit{Rv} \textit{Inh}\textsuperscript{d} & 31 ± 2.9 & 18 \\
\textit{H}37\textit{Rv} (pMH59) & 30 ± 2.3 & 20 \\
\textit{H}37\textit{Rv} (pMH91) & 31 ± 1.4 & 22 \\
\hline
\textsuperscript{a} Mean of three experiments ± SEM. \\
\textsuperscript{b} Results from one 7-day growth experiment. \\
\textsuperscript{c} Mean of three experiments \\
\textsuperscript{d} Results from one representative experiment with six replicate 

\textbf{RESULTS}

\textbf{Effect of exogenous \textit{H}_2\textit{O}_2 on \textit{M. tuberculosis} intracellular and extracellular survival.} We next compared the intracellular and extracellular sensitivities of \textit{H}37\textit{Rv} and the three clinical and three recombinant strains of \textit{M. tuberculosis} to exogenous \textit{H}_2\textit{O}_2 (10 mM). The results, expressed as percent killing, are shown in Fig. 2A. As expected, the two strains lacking in KatG and thus deficient in catalase activity (\textit{H}37\textit{Rv \textit{Inh}}\textsuperscript{d} and AT\textsc{CC} \textsc{35825}) showed the greatest sensitivities to \textit{H}_2\textit{O}_2-mediated killing (67 and 43\% killing, respectively). Surprisingly, overexpression of KatG had only a very small protective effect on intracellular survival following the addition of exogenous peroxide. Sensitivity to \textit{H}_2\textit{O}_2 in cell-free culture after disruption of the monocyte monolayer was proportional to the sensitivity within monocytes but lower. The level of AhpC did not affect sensitivity to \textit{H}_2\textit{O}_2. This is in spite of the fact that the extremely high level of AhpC overexpression in \textit{H}37\textit{Rv (pMH91)} is sufficient to confer protection to micromolar concentrations of cumene hydroperoxide (36).

\textbf{Enzymatic activity levels of catalase and peroxidase.} The enzymatic activities of the mycobacterial catalase and peroxidase were determined as described in Materials and Methods. Lysates prepared from the recombinant strain \textit{H}37\textit{Rv \textit{Inh}}\textsuperscript{d} (\textit{katG} null) had no detectable catalase and peroxidase enzymatic activities (Fig. 2B). In contrast \textit{H}37\textit{Rv (pMH59)} (with overexpression of KatG) showed the highest catalase and peroxidase activities (6.02 \times 10\textsuperscript{3} and 4.20 \times 10\textsuperscript{3} U/mg, respectively). All the other strains showed intermediate levels of these enzymatic activities. In general, the enzymatic activities were inversely associated with the \textit{H}_2\textit{O}_2-mediated killing (compare Fig. 2B and A). A statistically significant inverse correlation was noted for specific killing versus peroxidase activity but not versus catalase activity (Fig. 2B, inset).

\textbf{Killing mediated by the PMA-induced endogenous oxidative burst.} To further explore the relationship between KatG expression and the ability of the mycobacteria to withstand ROI-mediated killing, PMA was used to induce an endogenous monocyte oxidative burst. For these experiments, PMA was added to monocytes infected with either \textit{H}37\textit{Rv \textit{Inh}}\textsuperscript{d} (\textit{katG} null) or \textit{H}37\textit{Rv (pMH59)} (KatG hyperexpressed), which are the two strains of \textit{M. tuberculosis} with the lowest and highest catalase and peroxidase activities, respectively. A 20\% specific killing of \textit{H}37\textit{Rv \textit{Inh}}\textsuperscript{d} was observed 2 h after the addition of PMA to the infected monocytes (Fig. 3). In contrast, \textit{H}37\textit{Rv (pMH59)} (KatG hyperexpressed) was resistant to the PMA-induced oxidative burst. After the initial reduction in CFU seen at 2 h, the \textit{H}37\textit{Rv \textit{Inh}}\textsuperscript{d} mycobacteria resumed replication at a similar rate to the growth rate of \textit{H}37\textit{Rv (pMH59)}. No further killing was observed 2 to 6 h after PMA treatment. Exposure to PMA did not affect the survival of the control cell-free bacilli.

\textbf{DISCUSSION}

Survival of \textit{M. tuberculosis} within the host macrophage phagosome requires that the bacilli be capable of resisting the normal microbicidal mechanisms of these potent leukocytes. The catalase-peroxidase protein (KatG) was implicated early in studies of mycobacterial pathogenesis because of the availability of mutants which had lost KatG function through the acquisition of isoniazid resistance. Even with these mutants, the relative contribution of the enzyme to mycobacterial survival within the host phagocyte has remained unclear. Some of the disparity in the published studies may be attributable to the use of a wide variety of model systems for evaluating virulence in which the actual effector molecules involved in mycobacterial killing may differ (e.g., nitric oxide synthase-mediated killing in murine macrophages [5, 7, 8] versus ROI-mediated killing in human mononuclear phagocytes [21]). Conflicting
results may also be due to the comparison of nonisogenic strains of bacteria which may have acquired undefined compensatory mutations. However, in some systems, catalase and peroxidase activities have been clearly implicated as a virulence factor of mycobacteria. For example, the addition of exogenous catalase during in vitro infection of murine macrophages with an atypical mycobacterium such as *M. avium* has been shown to enhance the survival of the mycobacteria (21, 34).

The relative role of KatG in the protection of mycobacteria against intracellular killing within monocytes has not been previously evaluated. Our present results provide a clear correlation between the peroxidase activity of *M. tuberculosis* strains and the ability of the bacilli (whether laboratory recom-

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**FIG. 2.** (A) Killing of mycobacteria following treatment with exogenous H$_2$O$_2$. Fresh human monocytes were infected with *M. tuberculosis* and 10 mM H$_2$O$_2$ was added to intact monolayers. After 6 h of treatment, numbers of CFU were determined (intracellular killing) (closed bars). Alternatively, the infected monocytes were disrupted by sonication before 6 h of treatment with H$_2$O$_2$. Cultures were then harvested for the CFU assay (extracellular killing) (open bars). Results are expressed as percent of mycobacteria killed and are the mean of three to six experiments, each done in triplicate, plus 1 SEM. (B) Mycobacterial catalase and peroxidase activities. Mycobacteria in log phase were harvested and homogenized, and the enzymatic activities were determined as described in Materials and Methods. The enzymatic activities are expressed as units per milligram. Results are means of one representative experiment carried out in quadruplicate.
binants or clinical isolates) to survive intracellular killing in human monocytes in vitro. These findings are supported by the observation that in patients with a genetic inability to generate peroxides, a rare, fatal disseminated \textit{M. bovis} BCG infection often occurs following BCG immunization (23, 35).

The role of upregulation of the AhpC protein is considerably less clear. AhpC of yeast requires reduced thioredoxin for catalysis, and in vitro detection of catalytic activity of AhpC (a complex three-protein system) is exceptionally difficult (4). Similarly, it is difficult to determine whether the overexpressed enzyme in \textit{H37Rv}(pMH91) is functional or whether function is limited by the availability of the reduced thioredoxin cofactor. However, the finding that \textit{H37Rv}(pMH91) has elevated resistance to killing in vitro by organic hydroperoxides such as cumene hydroperoxide suggests that AhpC may indeed be active in this recombinant strain (36). In addition, the recent observation that there is increased intracellular survival of \textit{Mycobacterium smegmatis} containing the \textit{Mycobacterium leprae} thioredoxin-thioredoxin reductase gene suggests that this protein may contribute to mycobacterial survival (38). In contrast to the in vitro observations suggesting a role for AhpC intracellular survival, in our experiments, AhpC hyperexpression did not appear to affect survival of \textit{M. tuberculosis} following exposure to exogenous H$_2$O$_2$. This is consistent with other reported results indicating that AhpC overexpression does not alter the growth rate or virulence of \textit{M. tuberculosis} in mice (14). Thus, the role of AhpC compensatory upregulation in virulence and intracellular growth of \textit{M. tuberculosis} remains unclear.

Our experiments indicate that in human monocytes in vitro, the ability of \textit{M. tuberculosis} to withstand killing by exogenously added or endogenously stimulated H$_2$O$_2$, is important for bacillary survival. This suggests that KatG-negative (isoniazid-resistant) \textit{M. tuberculosis} should be less capable of withstanding the in vivo oxidative burst in human mononuclear phagocytes and therefore less pathogenic in humans. Nevertheless, KatG-negative (isoniazid-resistant) mycobacteria can cause disease in humans. This may be due to insufficient levels of ROI in the infected lung. It is not known what the extent of the oxidative burst is in macrophages in vivo. The levels of ROI achieved within the granuloma may differ from individual to individual.

Gamma interferon (IFN-\(\gamma\)) has been shown to induce an increased oxidative burst in human monocytes in vitro (30). It is therefore possible that within the granuloma in the presence of an efficient Th1 response and continuous local production of IFN-\(\gamma\) and interleukin-12, the oxidative burst associated with phagocytosis of organisms and cellular debris may be sufficient to contribute to killing of the intracellular bacilli. On the other hand, if there is a defect in the Th1 response and IFN-\(\gamma\) is not produced or is not functional in the lungs because of a lack of receptors for IFN-\(\gamma\) (18, 19), there may be lower amounts of ROI generated, leading to decreased killing of the infecting organisms and worse mycobacterial disease. Thus, the regulation of the oxidative burst within the infected lung, as well as the sensitivity of the mycobacteria to these toxic intermediates, will determine the outcome in patients.

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