Role of Pulmonary Alveolar Macrophages in Defense of the Lung against Pseudomonas aeruginosa

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Alveolar macrophages (AM) provide one of the first lines of defense against microbial invasion in the lower airways. The role of AM in the clearance of Pseudomonas aeruginosa in mice after intrapulmonary challenge was evaluated. AM were depleted by intranasal administration of liposome-encapsulated dichloromethylene diphosphonate. At 24 h following the instillation of liposomes, a sublethal dose of P. aeruginosa was inoculated intranasally. Spleen, liver, and lung tissue was then evaluated for viable bacteria and for histopathology. AM depletion of 78 to 88% did not affect the survival rate of infected mice or clearance of P. aeruginosa from the spleen, liver, or lung, compared to the control group, but the mice's susceptibility to Klebsiella pneumoniae was greatly enhanced. The recruitment of neutrophils to the lung was also not affected. Freshly explanted AM were not competent to phagocytose unopsonized P. aeruginosa but were able to phagocytose zymosan particles. Further studies were conducted to assess the in situ phagocytic activities of AM. Three hours after the intranasal instillation of P. aeruginosa, bronchoalveolar lavage was performed. AM phagocytosis of zymosan particles and latex beads exceeded that of P. aeruginosa. Neutrophils were recruited to the lung in response to a high-dose bacterial challenge. These results suggest that AM do not play an important role in defense of the lung against P. aeruginosa.

Pseudomonas aeruginosa is a gram-negative, opportunistic pathogen that causes chronic infections in cystic fibrosis (CF) patients, immunocompromised individuals, and burn patients. Infection of the lung is the leading cause of morbidity and mortality in CF patients. Once acquired, this bacterium is difficult to treat and is rarely eradicated. Most strains of P. aeruginosa show substantial degrees of resistance to a wide variety of antimicrobial agents (12, 21).

Alveolar macrophages (AM), located at the interface between air and lung tissue, provide the first line of phagocytic defense against microbial invasion in the lower respiratory tract. Besides their phagocytic and microbicidal functions, AM also secrete numerous chemical mediators upon stimulation, thereby playing a role in regulating inflammatory reactions in the lung (14). The role of AM in defending the lung against various pathogens and in regulating inflammatory reactions has been assessed in studies in which AM were depleted. In rodent models, AM can be depleted to 5 to 30% of normal numbers by liposome-encapsulated dichloromethylene diphosphonate (LDMDP) delivered to the pulmonary tract (2, 4, 13, 15–17). The usual fate of liposomes is ingestion and digestion by macrophages. Due to its strong hydrophilic properties, DMDP is not able to escape from the cell when released intracellularly. Therefore, macrophages are selectively depleted without damaging other tissues or cells (27).

AM are the primary phagocytic cells in the uninflamed lower airways. Phagocytosis is categorized into opsonic and nonopsonic mechanisms. Opsonic phagocytosis is mediated by Fc and complement receptors. However, human and mouse AM show minimal expression of receptors for C3b/C4b (CR1/CR3/CR4). The receptors for immunoglobulin G, Fcy receptors, are expressed in human AM but negligibly in mouse AM (3, 24).

Furthermore, the concentrations of complement and immunoglobulin in the lower airway are minimal; therefore, it is likely that AM utilize nonopsonic, instead of Fc or complement receptor-mediated, phagocytosis to eliminate pathogens such as P. aeruginosa from the lung. We and others have evaluated the in vitro response of macrophages to challenge with P. aeruginosa and other particles (1, 3, 8, 22, 29).

The main objective of this study was to further elucidate the in vivo role of AM in defense of the lung against P. aeruginosa challenge. AM were depleted by the intranasal (i.n.) instillation of LDMDP in mice. AM-depleted mice received a sublethal dose of P. aeruginosa or Klebsiella pneumoniae (as a positive control) by i.n. inoculation. The effects of AM depletion on bacterial clearance in spleen, liver, and lung and on polymorphonuclear leukocyte (PMN) recruitment to the lung were assessed. Secondly, the in vitro phagocytosis of unopsonized P. aeruginosa, zymosan, and latex beads by freshly explanted murine AM was compared to that by peritoneal macrophages (PM). Finally, assessment of the in situ phagocytic activities of AM was performed by challenging mice i.n. with unopsonized P. aeruginosa, zymosan particles, or latex beads and subsequently obtaining bronchoalveolar lavage (BAL) fluid to evaluate BAL cell numbers and the number of ingested particles per cell in the BAL-derived population.

MATERIALS AND METHODS

Bacterial strains and culture conditions. P. aeruginosa strain P1 is a nonmucoid, lipopolysaccharide (LPS)-rough derivative of a mucoid isolate obtained from a CF patient. Strain PAK (LPS smooth) was obtained from W. Paranchych (Edmonton, Alberta, Canada), PA01 (LPS smooth) was from B. Holloway (Victoria, Australia), and FRD1 was from R. E. W. Hancock (Vancouver, British Columbia, Canada). K. pneumoniae (ATCC 43816) was purchased from the American Type Culture Collection (Manassas, Va.). Bacteria were kept frozen at −70°C in Mueller-Hinton broth with 8.0% dimethyl sulfoxide and grown fresh for each experiment. They were grown with shaking overnight in L broth at 37°C.

Animals. Specific-pathogen-free (SPF) male CD-1 mice weighing 35 to 37 g were obtained from Charles River Laboratories Canada (St. Constant, Quebec, Canada), and SPF female BALB/c mice weighing 20 to 22 g were obtained from...
the University of British Columbia Animal Care Centre, Vancouver, British Columbia, Canada. All mice were housed under Canadian Council on Animal Care-approved SFU conditions in the animal care facility at the British Columbia Research Institute for Children's and Women's Health, Vancouver, British Columbia, Canada. The animal procedures were approved by the University of British Columbia Committee on Animal Care, Vancouver, British Columbia, Canada (animal protocol no. A97-0197).

Results. Phagocytosis medium was prepared as described previously (1). Gel-Hanks' balanced salt solution (gHBSS) contained 1× HBSS without sodium bicarbonate and phenol red (Gibco BRL, Grand Island, N.Y.) and 1% gelatin (Gibco BRL).

Preparation of LPBS and LDMDP. Liposomes were prepared as previously described (28). Briefly, 86 mg of egg phosphatidylcholine (Sigma Canada Ltd., Oakville, Ontario, Canada) and 8 mg of cholesterol (Sigma Canada Ltd.) were dissolved in 10 ml of chloroform in a 300-ml round-bottom flask. The chloroform was evaporated by rotation under vacuum, and a thin phospholipid film was formed around the flask. At room temperature, the lipid was dispersed in 10 ml of phosphate-buffered saline (LPBS) or 0.6 M DMDP (2.5 g in 10 ml of PBS). DMDP was generously provided by Boehringer Mannheim GmbH (Mannheim, Germany). The suspension was kept at room temperature for 2 h under nitrogen gas and then sonicated for 3 min in a Branson 12 water bath sonicator (Branson Sonic Equipment Co., Shelton, Conn.) and stained with Diff-Quik (EM Industries Inc., Gibbstown, N.J.).

In situ phagocytosis assays. Anesthetized mice were challenged i.n. with 20 μl of P. aeruginosa (FRD1, P1, PAK, PA01, or c2908c), latex beads, or zymosan as previously described (2). The BAL was centrifuged and washed three times with sterile PBS at 10,000 × g for 15 min at 4°C to remove free DMDP. The final pellet was resuspended in 4 ml of sterile PBS and used immediately or stored at 4°C under nitrogen gas. The liposomes were used within 7 days of preparation.

In vivo infection of LPS and LDMDP. Mice were anesthetized using a dose of 35 mg/kg ketamin and 10 mg/kg xylathanes in 10 ml of saline. The lungs were removed and processed for cytospin preparations as previously (1) with two modifications. (i) Two hours after adherence to the coverslip, the untreated (1%) and LPBS-treated (0 to 3%) macrophages. The effects of LDMDP on PM were evident and dose dependent at 48 h (Fig. 5). As the dose of LDMDP increased, the percentage of untreated (1%) and LPBS-treated (0 to 3%) macrophages appeared to be healthy after 48 h. The effectsof DMDP on macrophages was lower than those of untreated and LPBS-treated PM.

In vitro effects of LPBS, LDMDP, and DMDP on the morphology and phagocytic capacity of murine PM. Figure 1 shows that the majority (94 to 99%) of untreated (control) or LPBS-treated PM appeared to be healthy after 48 h. The effects of LDMDP on macrophages was lower than those of untreated and LPBS-treated PM. The percentage of untreated and LPBS-treated PM that ingested P. aeruginosa was lower than those of untreated and LPBS-treated PM.

In vitro effects of LPBS, LDMDP, and DMDP on the morphology and phagocytic capacity of murine AM. These experiments were repeated three times, and the trend was identical for all. Due to large day-to-day biological variability, one representative experiment is shown (Fig. 2). In it, 100% of untreated (control) and LPBS-treated macrophages appeared to be healthy, whereas 61, 88, and 61% of AM showed unhealthy characteristics after incubation with LDMDP for 24, 48, and 72 h, respectively. All AM incubated with free DMDP for 24,
48, and 72 h appeared to be unhealthy, with no cytoplasm visible.

LPBS-treated AM ingested numbers of P. aeruginosa organisms similar to those ingested by untreated cells, whereas LDMDP- and DMDP-treated AM ingested negligible numbers of bacteria. The percentage of LDMDP- and DMDP-treated AM that ingested bacteria was substantially lower than that of control and LPBS-treated AM. AM incubated with DMDP had no visible cytoplasm; therefore, the ingestion of P. aeruginosa was not observed (data not shown).

**In vitro effects of LPBS, LDMDP, and DMDP on respiratory epithelial cell line A549.** Changes in the morphology of the respiratory epithelial cell line were not observed after 24 and 48 h of incubation with LPBS or LDMDP. However, unincorporated DMDP was toxic. At 48 h, the percentage of A549 cells with unhealthy characteristics—shriveled nuclei and cytoplasm—increased with increasing concentrations of DMDP (8 to 15% of cells incubated with 0.5 or 5 mM DMDP, 23 to 33% of cells incubated with 50 mM DMDP, and 80 to 85% of A549 cells incubated with 0.6 M DMDP).

**In vivo depletion of AM by i.n. instillation of LDMDP.** Figure 3 shows that 24 and 48 h after the i.n. instillation of 50 μl of LPBS or LDMDP, the number of AM recovered from LDMDP-treated mice was substantially lower than that recovered from LPBS-treated mice. At 72 h, the number of AM in the BAL from the LDMDP-treated group was slightly increased (data not shown). The histologic appearance of the lungs from LPBS- and LDMDP-treated mice was similar (data not shown).

**Effects of AM depletion on P. aeruginosa clearance in vivo.** There was no difference between AM-depleted and nondepleted BALB/c and CD-1 mice infected with P. aeruginosa in the clearance of viable bacteria (Fig. 4A through C). No viable bacteria were isolated from the spleens or livers of the infected mice at these time points (data not shown). The number of PMNs isolated from AM-depleted mice was not substantially different from that obtained from nondepleted mice for 5 days postinfection (data not shown). A histologic examination of the lungs of AM-depleted and control infected mice revealed increased numbers of PMNs compared to those of AM-depleted and control uninfected mice (data not shown). Cytospin preparations of BAL cells from LPBS- and LDMDP-treated mice showed that recruited PMNs were competent to phagocytose P. aeruginosa. However, AM appeared not to have phagocytosed the bacteria (Fig. 5). Further studies with LPBS- and LDMDP-treated mice challenged i.n. with P. aeruginosa strain PA01 at various doses—1.32 × 10^7, 6.5 × 10^6, and 9 × 10^5 CFU—did not show any difference between the two groups of mice in bacterial clearance (data not shown).

**Effects of AM depletion on K. pneumoniae clearance in vivo.** Figure 4D shows a striking difference between AM-depleted and nondepleted BALB/c mice in the number of viable bacteria. Signs of disease were evident 48 h after the i.n. instillation of K. pneumoniae (100 CFU/mouse) in the LDMDP-depleted mice, while LPBS-treated mice appeared to be healthy. The spleens and livers of LDMDP-treated mice harbored high numbers of K. pneumoniae cells, but the same tissues from control animals were sterile.

**In vitro phagocytosis of freshly explanted AM.** Unopsonized P. aeruginosa was poorly ingested by freshly explanted murine AM from BALB/c and CD-1 mice in the presence or absence of D-glucose. Freshly explanted murine resident PM ingested unopsonized P. aeruginosa strain P1 only in the presence of D-glucose but ingested strain PAK with or without glucose. AM

<table>
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<th>Liposome</th>
<th>Avg no. of ingested P. aeruginosa cells per macrophage after:</th>
<th>% of PM that ingested P. aeruginosa after:</th>
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<tr>
<td></td>
<td>24 h</td>
<td>48 h</td>
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<tr>
<td>Control</td>
<td>19.7 ± 0.3^b</td>
<td>26.4 ± 6.5</td>
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<tr>
<td>LPBS</td>
<td>18.8 ± 1.5</td>
<td>27.4 ± 10.6</td>
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<tr>
<td>LDMDP</td>
<td>15.4 ± 0.4</td>
<td>8.2 ± 2.0</td>
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<td>DMDP</td>
<td>0.0 ± 0.0</td>
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^a Assessment of nonopsonic phagocytosis of P. aeruginosa by PM was performed as described in the text. The experiments were repeated two or three times, with each sample in duplicate. Data are means ± SEM.

^b Data are for P. aeruginosa strain PA01 incubated with 10 mM D-glucose. Phagocytosis of P1 was negligible in the absence of D-glucose.

**FIG. 1.** Effects of LPBS, LDMDP, and DMDP on murine PM in vitro. PM, plated on coverslips, were incubated with 15 μl of LPBS, LDMDP, or DMDP (0.6 M stock) for 24 h (A) or 48 h (B). Controls received no treatment. At timed intervals, the morphology of Giemsa-stained PM was assessed microscopically. The percentages of healthy macrophages (●) and unhealthy macrophages (■) were compared. One hundred macrophages per coverslip were scored. The experiments were repeated twice, with each sample in duplicate. Data are expressed as means plus SEM.
and PM phagocytosed similar numbers of zymosan particles (data not shown).

In situ phagocytic activities of AM. In untreated and uninfected control mice, mononuclear cells comprised 99 to 100% of BAL cells and PMNs comprised less than 1% (Fig. 6A). Recruitment of neutrophils to the lung was substantially enhanced after infection with high doses of *P. aeruginosa*—PAK at $10^8$ CFU and P1, c2908c, and FRD1 at $10^7$ CFU. PMN recruitment to the lung was minimal in mice inoculated with zymosan particles and latex beads. Figure 6B shows the percentage of AM and PMNs with ingested particles in the BAL population. AM phagocytosis of *P. aeruginosa* (0 to 5%) was much lower than that of zymosan particles (23%) and latex beads (27%).

**DISCUSSION**

AM depletion did not compromise the capacity of BALB/c or CD-1 mice to clear *P. aeruginosa* from the lung. However, AM depletion was noted by others to profoundly compromise pulmonary host defenses against *P. aeruginosa* and other respiratory pathogens (4, 15, 16). AM depletion results in reduced killing of *Mycoplasma pulmonis* in C57BL/6 mice (15). Forty-eight hours after *K. pneumoniae* inoculation, mice with 65% AM depletion show increased bacterial counts in lungs compared to control infected mice (4). However, *K. pneumoniae* is more virulent than *P. aeruginosa*; 100 CFU of the former was used to infect mice (4), whereas a much higher dose ($10^6$ CFU) of *P. aeruginosa* can be cleared from the lungs of normal mice. The discrepancy between our results with *P. aeruginosa*-infected AM-depleted mice and those with *Klebsiella* and *M. pulmonis* (4) and *M. pulmonis* (15) may be due to differences in infecting agents. This difference was confirmed by the experiments that we performed with *K. pneumoniae*. On the other hand, decreased bacterial clearance has been observed in CD-1 mice depleted of AM and infected with *P. aeruginosa* (16). The discrepancy between our results and those of Kooguchi et al. (16) may be due to the method of LDMDP administration, the infecting dose of bacteria, and the strain of *P. aeruginosa* used. Liposomes can be disrupted by nebulization (9), thereby releasing their contents into the endobronchial space. We chose to deliver LDMDP by i.n. inoculation to avoid the potentially toxic effects of free DMDP. The enhanced susceptibility of LDMDP-treated mice to pulmonary *P. aeruginosa* infection observed by Kooguchi et al. (16) may have resulted from the nonspecific effect of DMDP on multiple components of the respiratory tract. Our i.n. instillation likely conserved the integrity of the liposomes and delivered them specifically to AM with subsequent selective depletion. This effect was supported by our studies with *K. pneumoniae*.

Previous in vitro studies have shown that AM actively phagocytose liposomes; AM display the morphological traits characteristic of ongoing phagocytic activity, such as grossly irregular perimeters and extensive pseudopod formation (20). The effects of LDMDP on the phagocytic competence of PM and AM were more apparent than those exerted by LPBS, suggesting that a significant decrease in the phagocytosis of *P. aeruginosa* by macrophages was not due to liposomes alone. The results of these in vitro experiments assessing the effects of LPBS, LDMDP, and DMDP on AM and PM correlated with those of an in vitro study of rat AM incubated with LPBS, LDMDP, and DMDP (2). LDMDP-treated AM and PM had...
shriveled nuclei and cytoplasm, suggesting that they had undergone apoptosis (4, 18, 27). AM and PM treated with free DMDP were lysed, resulting in a loss of cytoplasm, indicating that the mechanisms by which DMDP and LDMDP affect macrophages are not the same. A549 respiratory epithelial cells incubated with high concentrations of free DMDP showed the same change in morphology as the macrophages. However, the concentration of DMDP used in in vitro assays was higher than that incorporated into LDMDP (28). No change in the morphology of epithelial cells incubated with LPBS and LDMDP was observed, suggesting that these liposomes administered in vivo in mice would not likely affect the respiratory epithelium in mice; their effects appear to be limited to macrophages.

Recruitment of PMNs to the lung was not impaired in LDMDP-treated mice. PMNs did not appear to be affected by LDMDP or LPBS, consistent with the results of in vitro and in vivo experiments demonstrating that neutrophils are not affected by LDMDP (4). PMNs, but not AM, actively phagocytosed *P. aeruginosa*, as shown in BAL preparations from both groups of mice, indicating that PMNs actively participated in bacterial clearance. In the uninfected or untreated lung, PMNs comprise a small proportion of cells in the lower respiratory tract and macrophages constitute 85 to 98% of cells (15, 26, 29). However, the number of PMNs increases in lungs challenged with *P. aeruginosa* by intratracheal inoculation (19).

Poor nonopsonic phagocytosis of *P. aeruginosa* by freshly explanted murine AM correlated well with previously published data on freshly explanted and cultivated murine AM, where the former, but not the latter, showed negligible phagocytosis of unopsonized *P. aeruginosa* (8, 29). However, the ingestion of zymosan particles and latex beads by freshly explanted AM demonstrated that they were phagocytically competent. The phagocytic activities of freshly explanted AM from BALB/c and CD-1 mice were similar, suggesting that the poor phagocytic capacity of uncultivated AM is not mouse strain specific. The difference in phagocytic competency between freshly explanted AM and PM may be due to their differential glycolytic activities. AM reside in the oxygen-rich environment...
of lung airways (13% O₂), whereas PM are in the relatively anaerobic peritoneum (6.5% O₂); therefore, their metabolic capacity and dependence upon oxidative phosphorylation versus glycolysis are quite dissimilar, as would be their capacity to transport glucose and to ingest bacteria in a glucose-dependent fashion (6, 8, 22). The association of glucose transport and nonopsonic phagocytosis of *P. aeruginosa* has been previously reported (1, 8, 29). In addition to the implicated role of glycolysis, signal transduction also plays a role in macrophage phagocytic activities (10, 11). Taken together, the differences

FIG. 5. Differential determination of leukocytes from BAL performed on *P. aeruginosa*-challenged mice pretreated with LPBS or LDMDP. BAL differentials were calculated for LPBS-treated mice (A) and LDMDP-treated mice (B) 3 h after their i.n. inoculation with *P. aeruginosa* strain PA01 (6.9 × 10⁶ CFU). Magnification, ×1,125. Arrowheads indicate bacteria within PMN.
in AM and PM phagocytic competency may be due to their differential abilities to transport and utilize glucose and initiate the signalling pathways.

In situ results indicated that AM were phagocytically competent for control particles but were unable to ingest unopsonized \( P. \) aeruginosa, consistent with data from in vitro assays showing poor nonopsonic phagocytosis by freshly explanted AM. Buret et al. (5) have demonstrated that the phagocytosis of \( P. \) aeruginosa by AM in rats infected with \( P. \) aeruginosa decreases substantially at 4 h postinfection from that at 30 min after infection, despite an increase in AM numbers. However, the number of PMNs increases dramatically at 4 h postinfection from that at 30 min postinfection (5). The decreased phagocytic activity of AM in rats at 4 h postinfection reported by Buret et al. may be due to the recruitment of other immune cells, such as PMNs, which migrate to the infected sites and are involved in bacterial clearance, or to suppression by gamma interferon (23). Bactericidal activity is higher in neutrophils than in unactivated macrophages, due to the robust capacity of the former to produce reactive oxygen radicals (7). The number of PMNs elicited in response to latex bead and zymosan challenge was minimal. These results suggest that the recruitment of PMNs is specific and correlates with an orchestrated response.

In summary, depletion of the majority of AM in mice did not result in decreased clearance of \( P. \) aeruginosa or impairment of PMN recruitment. AM were phagocytically competent but inefficient in ingesting unopsonized \( P. \) aeruginosa in vitro and in situ, whereas PMNs recruited upon bacterial challenge phagocytosed unopsonized \( P. \) aeruginosa. These results suggest that the role of AM in defense of the lung against \( P. \) aeruginosa challenge may rely upon their capacity to recruit other phagocytic cells rather than on their intrinsic phagocytic function.

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### References


