Role for Inducible Nitric Oxide Synthase in Protection from Chronic Chlamydia trachomatis Urogenital Disease in Mice and Its Regulation by Oxygen Free Radicals

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It has been previously reported that although inducible nitric oxide synthase (iNOS) gene knockout (NOS2−/−) mice resolve Chlamydia trachomatis genital infection, the production of reactive nitrogen species (RNS) via iNOS protects a significant proportion of mice from hydrosalpinx formation and infertility. We now report that higher in vivo RNS production correlates with mouse strain-related innate resistance to hydrosalpinx formation. We also show that mice with a deletion of a key component of phagocyte NADPH oxidase (p47phox−/−) resolve infection, produce greater amounts of RNS in vivo, and sustain lower rates of hydrosalpinx formation than both wild-type (WT) NOS2+/+ and NOS2−/− controls. When we induced an in vivo chemical block in iNOS activity in p47phox−/− mice using NG-monomethyl-L-arginine (L-NMMA), a large proportion of these mice eventually succumbed to opportunistic infections, but not before they resolved their chlamydial infections. Interestingly, when compared to WT and untreated p47phox−/− controls, L-NMMA-treated p47phox−/− mice resolved their infections more rapidly. However, L-NMMA-treated p47phox−/− mice lost resistance to chronic chlamydial disease, as evidenced by an increased rate of hydrosalpinx formation that was comparable to that for NOS2−/− mice. We conclude that phagocyte oxidase-derived reactive oxygen species (ROS) regulate RNS during chlamydial urogenital infection in the mouse. We further conclude that while neither phagocyte oxidase-derived ROS nor iNOS-derived RNS are essential for resolution of infection, RNS protect from chronic chlamydial disease in this model.

Female mice resolve chlamydial urogenital infection by utilizing immune responses that require T cells, major histocompatibility complex (MHC) class II antigen processing, macrophage activation, and CD4 coreceptors (hereafter referred to as type I immune responses) (34). This is evidenced by chlamydial infection in both congenitally athymic nude mice (35), MHC class II knockout (KO) mice (24), and TCR α/β KO mice (29). The exact mechanism used by type I immune response components to restrict chlamydial growth is not yet known, although effective immune responses are at least partially dependent upon functional CD4+ T cells (24, 39) and the production of type 1 cytokines, such as gamma interferon (IFN-γ) and interleukin-12 (8, 29). The production of reactive nitrogen species (RNS) through the cytokine-inducible nitric oxide synthase (iNOS) likely plays a contributing role in elimination of chlamydial infection in vitro, though it is not necessary for resolution of mouse urogenital infection (17, 20, 28, 31). The IFN-γ-inducible tryptophan degrading enzyme 2,3-indoleamine dioxygenase has been shown to restrict chlamydial growth in human systems in vitro but does not appear to be important in the mouse in response to infection (2, 31). Other IFN-γ-dependent mechanisms are likely to play a role, especially in the absence of iNOS. These mechanisms may include restriction of iron or other key nutrients or the production of antimicrobial peptides (36, 43).

Although some information is known about protective immune mechanisms in the murine model of chlamydial genital infection, much less is known about mechanisms related to immunopathogenesis as a result of infection. It is accepted that immune responses during chlamydial infection can be both protective and pathogenic (23). In the mouse model of urogenital chlamydial infection, disease outcomes include infertility, histopathological changes, and hydrosalpinx formation (10, 13, 14, 27). The latter has been accepted as a surrogate marker of chronic chlamydial disease and infertility (40). There are distinct strain differences with regard to susceptibility to chronic chlamydial disease in mice. In general, C3H/HeN (H-2b) mice are classified as susceptible, BALB/c (H-2d) mice as intermediate susceptible, and C57BL/6 (H-2d) as resistant (4, 10, 14). Susceptibility to disease appears to be related to undefined innate immune reactivity because athymic nude mice as well as β2-microglobulin, MHC class II, and IFN-γ gene KO mice all develop hydrosalpinx subsequent to infection (8, 9, 24, 33). We have recently reported a role for iNOS in protection from chronic chlamydial disease in mice (32). In addition, Darville et al. have shown a positive correlation between the production of tumor necrosis factor alpha early in infection and resistance to disease (11). In contrast, increased and sustained macrophage inflammatory protein 2 production and the corresponding neutrophil influx were associated with susceptibility to disease (12).
In the present study, we sought to determine the role of free radicals derived from phagocyte oxidase and iNOS in protective and pathological immune responses in the mouse model of chlamydial urogenital infection. We compared the in vivo capacity to generate iNOS-derived RNS in resistant and susceptible strains of mice and used mice with specific deletions in the genes encoding iNOS (NOS2<sup>−/−</sup>) and in a key component of phagocyte NADPH oxidase (p47<sup>phox</sup><sup>−/−</sup>). We also assessed infection outcome and chronic disease development in a chemically induced double knockout by inhibiting RNS production with the 1-arginine analogue N<sup>ω</sup>-monomethyl-L-arginine (L-NMMA) in p47<sup>phox</sup><sup>−/−</sup> mice.

**MATERIALS AND METHODS**

**Mice.** Mice with a targeted disruption in the iNOS gene (NOS2<sup>−/−</sup>) were obtained under a materials transfer agreement with John Mudgett (Merck & Co., Rahway, N.J.), and a colony was initiated at the Midwestern University Animal Resource Facility. The KO in these mice was confirmed, and all mice were housed as described elsewhere (31, 32). Mice with a targeted deletion in the cytosolic p47<sup>phox</sup> gene, which is essential for effective superoxide production by the NADPH oxidase (p47<sup>phox</sup><sup>−/−</sup>), were obtained from a colony at National Institutes of Allergy and Infectious Diseases (19). Wild-type C57BL/6 and C3H/HeN mice (NOS2<sup>−/−</sup>) were purchased from Jackson Laboratories (Bar Harbor, Maine). In some experiments, a parallel set of mice was housed in rodent metabolism cages in order to collect urine for nitrite determination as described below. A note on gene KO mouse nomenclature in the text: all /−/− symbols denote a homozygous KO of a targeted gene; /++/ refers to a homozygous gene-intact mouse; and ± refers to a mouse that is heterozygous for the targeted gene.

**Chlamydiae.** *Chlamydia trachomatis* mouse pneumonitis (MnPn) strain (Weiss) was grown in HeLa 229 cells and maintained as previously described (5) with minor modifications (18).

**Infection.** For primary infection, mice were pretreated with DepoProvera (P4) (Upjohn, Kalamazoo, Mich.) and inoculated intravaginally with 200 50% infective doses of *C. trachomatis* MnPn, exactly as described elsewhere (6, 7). Shedding of viable MnPn chlamydiae from the lower urogenital tract was assessed by the collection of cervical-vaginal swabs and subsequent culturing of swab-collected material in HeLa 229 cell monolayers (8). Inclusion-forming units (IFU) were enumerated by indirect fluorescent microscopy (8). To assess upper genital tract infection by culture, at sacrifice uterine horns and oviducts were excised and frozen at −80°C for later processing. After thawing, tissues were homogenized, sonicated, and cleared of large debris by low-speed centrifugation (10 min at 500 × g at 4°C). Diluted supernatants of homogenates were plated on HeLa 229 monolayers in 24-well plates as described elsewhere (8), and culture was done as described above for swab samples.

**Assessment of opportunistic infections in p47<sup>phox</sup><sup>−/−</sup> mice.** Four to five weeks following initial treatment with L-NMMA, some p47<sup>phox</sup><sup>−/−</sup> mice became moribund or showed obvious signs of localized inflammation (e.g., erythema and edema). These animals were sacrificed and necropsied, and organs were removed and processed for chlamydial isolation as described above. Aliquots of homogenates were also streaked on blood agar plates prior to freezing and incubated at 4 °C in a humidified atmosphere containing 5% CO<sub>2</sub>. Isolated pathogens were broadly categorized by colony morphology and/or Gram stain as yeasts, gram-positive cocci, actinomycetales, or gram-negative rods.

**Assessment of pathological outcome.** Necropsy was performed with most animals at day 56 postinfection unless mice were sacrificed earlier due to becoming moribund as a result of opportunistic infections. At necropsy, hyaluronidase formation (a surrogate marker of infertility) was assessed by gross macroscopic or 10× microscopic observation as previously described (32, 40). Organ changes suggestive of disseminated chlamydial or opportunistic infection (i.e., lymph node adenopathy, splenomegaly, visceral adhesions, or lung and uterus disease) were noted.

**Assessment and inhibition iNOS-derived RNS.** RNS production in vivo in response to the infection was assessed as described elsewhere (16). Briefly, mice were housed, three or four per cage, in Plexiglas metabolism cages (Ziegler Brothers, Gardners, Pa.) and Millipore water ad libitum. We have found that a minimum of 5 days on a nitrate- and nitrite-free diet is needed to allow urinary clearance of dietary nitrates and nitrites from mice. This can be observed in Fig. 1 (see also Fig. 3) as the relatively high levels of urine nitrite 5 to 7 days prior to infection which declines markedly after several days on a nitrate- and nitrite-free diet. Prior experimentation has determined that urine nitrite remains low indefinitely on a nitrate-free, nitrite-free diet in the absence of infection or other stimuli. Hence, increases in urine nitrite following infection on day zero are taken as an infection response. These observations have also been described in detail by others (16). In some experiments, groups received either 50 mM L-NMMA (an iNOS inhibitor; CYCLOPPS Corp., Salt Lake City, Utah) or 50 mM L-arginine (as a control) in their drinking water. Food and water was changed and replenished daily, and urine was collected daily in receptacles containing isopropanol (approximately 1.5 isopropanol/urine). Following centrifugation to clear debris, urine was stored at −20°C until nitrite concentrations could be assessed.

Urine samples were batch assessed for nitrite content, an indicator of in vivo iNOS activity, by adaptation of the Greiss reaction (38). Stored urine was thawed, and supernatants were diluted 1:5 or 1:10 in Dulbecco’s minimal essential medium without phenol red (GIBCO, Long Island, N.Y.). Aliquots were incubated with standardized amounts of *Pseudomonas oleovorans* (American Type Culture Collection, Manassas, Va.) (ATCC no. 8062) to reduce nitrate to nitrite. Diluted samples were then assessed for nitrite concentration by the Greiss reaction and standardized according to creatinine content using a manual picric acid method (Sigma Aldrich, St. Louis, Mo.).

**Statistics.** Infection course was analyzed by a two-factor (treatment group and days) repeated measures analysis of variance (ANOVA) and posthoc analysis was completed with a Tukey-Kramer test. Rates of hydrosalpinx formation were compared by Fisher’s exact test. The mean urine nitrite elevation over time in response to infection was compared using the Kruskal-Wallis one-way ANOVA on ranks.

**RESULTS**

Disease-resistant mouse strains sustain higher levels of in vivo iNOS activity than susceptible strains. Though an essential role for iNOS-derived RNS in resolution of chlamydial infection has been ruled out (28, 31), a role for RNS in attenuating pathological changes in the murine upper genital tract subsequent to infection has been established (28, 32). To further elaborate on this observation, we assessed RNS production in vivo in two mouse strains that have been characterized as to their disparate susceptibilities to chlamydial infection, subsequent chronic disease, or lethality in an intraperitoneal
infection model (4, 10, 14). C57BL/6 is a resistant strain, whereas C3H/HeN is a susceptible strain. A typical infection was observed as has been previously described (7) and as previously been demonstrated that mice resolve chlamydial infection independent of iNOS. This was proved with both p47phox−/− and WT C57BL/6 mice. Interestingly, p47phox−/− L-NMMA mice also resolved their infections but did so more rapidly than the p47phox−/−, NOS2−/−, and WT C57BL/6 controls. This was evidenced by comparing the ratio of animals resolving infection to those mice remaining culture positive (Table 1, day 28) and by comparing the number of IFU isolated in the culture-positive animals over the whole time course of the infection (Fig. 2).

By days 38 to 42, several mice in the group of p47phox−/− mice treated with 50 mM L-NMMA became cachectic or appeared moribund. These mice were sacrificed and necropsied. In some cases, they showed obvious signs (erythema or edema) of localized infections or inflammatory reactions including involvement of the footpads and knee joints. Upon necropsy, hepatosplenomegaly and signs of multiple organ system involvement were observed. This included discoloration and focal necrotic lesions in the liver, spleen, and lungs. Culture and/or Gram stain of exudates and homogenates of various tissues confirmed disseminated opportunistic infections with staphylococci, actinomycetales, yeast, and gram-negative lactose-nonfermenting rods in many but not all of these animals. However, viable disseminated chlamydial were only isolated in low numbers from the lung (one mouse, day 42) and the upper genital tract (two mice, days 38 and 39). These findings indicate that while deletion and inhibition of two major free radical-
generating mechanisms left these mice susceptible to opportunistic pathogens, they did not alter local resolving chlamydial-specific immune responses or lead to significant disseminated chlamydial infection as has been observed with other immunosuppressed mice (8, 29).

To confirm the effectiveness of the chemical iNOS inhibition, parallel groups of mice were housed in metabolism cages for daily urine collection and monitoring of nitrite levels as a measure of in vivo RNS production. Figure 3 verifies the effectiveness of the administration of L-NMMA to p47phox−/− mice and demonstrates that the treatment abrogated RNS elevation in response to the infection. An additional finding of interest was that p47phox−/− control mice had significantly elevated and protracted RNS production in response to chlamydial infection compared to WT controls throughout the 55-day monitoring period. From this we conclude that a disinhibition of reactive nitrogen free radical production occurs in the absence of phagocyte oxidase-derived oxygen free radicals.

A role for RNS and ROS interaction in the development of chronic chlamydial disease. On day 56 postinfection, all remaining mice were sacrificed and necropsied. Table 2 summarizes the rates of hydrosalpinx formation in each group. These data also include eight mice in the group of p47phox−/− mice treated with 50 mM L-NMMA that were sacrificed prior to day 56 (38 to 42 days postinfection) due to opportunistic infections as described above. We have observed that when present, hydrosalpinx develops between 21 and 35 days postinfection in WT mice. Confirming our previous reports, Table 2 shows that progesterone-pretreated WT C57BL/6 mice sustained a 50% rate of hydrosalpinx formation (32). We have also observed that the rate of hydrosalpinx formation in C57BL/6 mice is lower in the absence of progesterone pretreatment (data not shown). Though this observation remains unexplained, it may be due to progesterone-mediated alteration of host response factors in this mouse or increases in the chlamydial burden within the host. Also confirming previous observations, the incidence of hydrosalpinx formation increased significantly to 90% with NOS2−/− mice. Interestingly, the rate of hydrosalpinx formation declined significantly to 22.2% with the p47phox−/− control mice that were treated with L-arginine. This trend was reversed to near the rate observed with NOS2−/− mice when iNOS was chemically blocked in p47phox−/− mice. Data summarizing Table 2 and Fig. 3 are depicted in Fig. 4. These data show a negative correlation between mean daily urine nitrite production (days 7 through 54 postinfection) and hydrosalpinx formation. We conclude from these observations
that iNOS-derived RNS give protection from hydrosalpinx formation, and though not critical, reactive oxygen species (ROS) may be at least partially responsible for its induction.

**DISCUSSION**

Our present data indicate that while neither phagocyte oxidase-derived ROS nor iNOS-derived RNS are essential for resolution of infection in this model (Table 1 and Fig. 2), iNOS-derived RNS protect mice from development of chronic disease as assessed by hydrosalpinx formation (Table 2 and Fig. 4). These data support and extend previous findings with NO\textsubscript{S}2/− mice and WT mice receiving chemical inhibitors of iNOS-derived RNS (28, 31, 32). In the previous studies, mice deficient in iNOS resolved culture-apparent infection but developed exacerbated disease outcomes as assessed by hydrosalpinx formation and infertility. These observations were concurrent with persistent detection of chlamydial DNA subsequent to resolution of infection in both NO\textsubscript{S}2/− mice and WT mice. However, reactivated shedding of viable chlamydiae upon immunosuppression was observed with NO\textsubscript{S}2/− mice only (32). While we did not attempt to establish a link to persisting chlamydiae and chronic disease in the present study, this possibility cannot be ruled out and remains under active investigation.

Our observation of opportunistic infections in p47\textsubscript{phox}−/− mice dually inhibited in production of RNS supports the findings of Shiloh et al., who used mice with a genetic double KO in iNOS and phagocyte oxidase (37). This indicates a compensatory influence of one free radical-generating system in the absence of the other for host defense against indigenous flora. Also similar to our results, Shiloh et al. observed killing of frank (or obligate) pathogens in macrophages derived from the double-KO mice, albeit at a lower rate than that for controls. Thus, this indicates a third undefined antibacterial activity for the killing of frank pathogens. A finding that appears to be unique to chlamydial infection, however, was that of a shortened infection course in L-NMMA-treated p47\textsubscript{phox}−/− mice (Table 1 and Fig. 2). Abbreviated infections in the absence of iNOS have also been reported (28). The reason for these observations remains unexplained. However, nitrogen free radicals have been shown to have an adverse effect on T-lymphocyte responses in other model systems (1, 21, 25, 42), and T lymphocytes are critical to resolution of infection in this model (34). It is also conceivable that the presence of higher numbers of opportunistic pathogens competing for nutrients in the doubly compromised mice reduced the capacity of chlamydia to maintain an identifiable presence, although other work suggests that competition for nutrients would lead to chlamydial persistence rather than eradication (2).

While we have concluded that the two major free radical-generating systems are not essential to resolution of infection, a role for RNS in protection from chronic chlamydial disease outcomes can now be theorized. These conclusions are supported by several observations. First, we have shown a positive correlation between RNS production in vivo in response to infection and innate resistance to hydrosalpinx formation (Fig. 1 and 4). Second, in the absence of phagocyte oxidase activity, RNS production was enhanced and the subsequent pathological outcome was mollified to levels lower than those observed in WT mice (Fig. 3 and Table 2, respectively). Finally, when an additional block in RNS production was implemented in the absence of phagocyte oxidase, resistance to hydrosalpinx formation was reversed to mirror results observed with NO\textsubscript{S}2/− mice (Table 2). From these observations, we conclude that oxygen and nitrogen free radicals play disparate roles in the development of chronic chlamydial disease. Reactive nitrogen intermediates protect from chronic disease, whereas pathological damage may occur, at least partially, through reactive oxygen-dependent mechanisms. It should be pointed out, however, that ROS generated through the phagocyte oxidase pathway cannot fully account for induction of pathological immune responses to the same degree that RNS serve to mollify them, because in the absence of both systems, a high rate of hydrosalpinx still occurs.

While the exact mechanisms of disease protection afforded by RNS in this model remain enigmatic, it is rewarding to know that similar roles for free radicals have been reported using different models of inflammatory diseases (42). The development of several inflammatory diseases of both infectious and noninfectious etiology have been attributed to ROS and RNS individually (as reviewed in references 22 and 41). The effects of these free radicals on host tissues are multifactorial and include, but are not limited to, enhancement of inflammation through the upregulation of leukocyte adhesion molecules, disruption of normal cellular metabolism, membrane lipid peroxidation, and damage to nucleic acids (as reviewed in reference 41). When they are considered with the work of Darville et al. (12) that showed an early and prolonged neutrophil influx and associated cytokine production with susceptibility to disease, a plausible hypothesis for our present results could be formed. This would include excessive or protracted inflammatory responses, oxidative tissue damage, and the ensuing chronic disease in the host repair phase in susceptible mice. An increase in RNS production for a resistant strain over that for the susceptible strain (Fig. 1) could protect from chronic disease development by mollifying the effect of ROS. Indeed, interaction between the two free radical-generating systems seems to provide counterregulatory effects. For example, nitric oxide reacts rapidly with oxygen free radicals to form peroxynitrite and thus modulate the effects of ROS on several cellular systems (41). Our data showing heightened iNOS activity in the absence of ROS for the p47\textsubscript{phox}−/− mice support a regulatory role for ROS in controlling the protective activity of iNOS or its product in the murine model. Additionally, ROS and RNS may have opposing and dose-dependent effects on chlamydia-induced fibrosis through the activation and inhibition of matrix metalloproteinases, which are responsible for extracellular matrix modification and the induction of scarring responses. In general, ROS tend to activate latent metalloproteinases, while RNS may bind the zinc in the their active site, thus inactivating this class of enzymes (3, 15, 26, 30). Taken together, our results provide support for the hypothesis that the overall balance between superoxide and nitric oxide generation is critical in development of disease subsequent to chlamydial infection in the mouse model.

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REFERENCES


